

Local Wellness Policy Progress Report

School Name: Clay Central Everly Community School

Wellness Policy Contact: Diane White, Board Secretary

Date Completed: 11/07/2019

This tool is to document progress in meeting the goals written in the district's wellness policy at each school building. Document steps that have or will be taken to accomplish each goal. In the "Contact Person" column identify the individual who can report on the goals' progress. The items that are completed at the district level should be pre-filled to inform all school staff of the implementation status of those goals. Add more lines for goals as needed.

Nutrition Education and Promotion Goals

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. Nutrition education is offered at each grade level as part of a sequential, comprehensive, standards-based program designed to provide students with the knowledge and skills necessary to promote and protect their health.	Kari Schmidt (Curriculum Director)	x			Nutrition education is part of the science curriculum in each grade level.	Explore additional lessons and activities that incorporate nutrition education into math, science, language arts, and social studies.
2. Promotes fruits, vegetables, whole grain products, low fat dairy, healthy food preparation methods and health-enhancing nutrition practices.	Kay Thompson, Head Cook	X			Posters in lunch room showing healthy meal and snack choices.	Encourage healthy foods at home and treats brought into classroom.
3. Links with meal programs, other food and nutrition related community services.	Kay Thompson, Head Cook	X			Commodities Mav Back Pack Program Summer Lunch Program	Continue to participate in the Mav Pack Program and advertise the summer lunch program more often to obtain a higher count of children utilizing the summer lunch program.

Physical Activity Goals

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. Provide recess for students at least 20 minutes per day; preferably outdoors.	Curt Busch, Elementary Principal	X			Recess is offered to students two times a day all year.	Encourage moderate to vigorous physical activity verbally and through the provision of space and equipment and encourage all students to engage in physical activities throughout entire recess.
2. Provide physical education for all students in grades K-6 for the entire school year by a certified physical education teacher.	Onni Prestidge, PE Instructor	X			PE is offered to all students twice a week all year.	Engage students in moderate to vigorous activity during at least 50% of physical education class time and encourage students to utilize PE skills throughout their day.

Other School Based Activities Goals

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. Classroom teachers provide short physical activity breaks between lessons and mandatory school-wide testing.	Elementary Teachers	X			Bathroom breaks and water breaks are given to students during extended periods of inactivity.	Elementary teachers will have students get up and do stretch moves and/or take a little walk to give students a needed break.
2. Discourage sedentary activities such as watching TV, playing computer games, etc.	Elementary Teachers	X			Keep children active even when children are in doors due to frigid temps.	Provide opportunities for physical activity to be incorporated into other subject lessons.

Standards and Nutrition Guidelines for All Foods and Beverages *Sold* to Students During the School Day (e.g. vending, school stores, etc.)

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1.No food or beverages sold to students during the school day.	Curt Busch, Elem. Principal	X			No vending machines are available in school building; therefore, no food or beverage are sold to students.	No vending machines will be added to school district so food and beverages will not be available to purchase.
2.						

Standards for All Foods and Beverages *Provided* (not sold) to Students During the School Day (e.g. class parties, foods given as reward, etc.)

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1.Snacks served during school day will make a positive contribution to child's diet and health with an emphasis on serving fruits and vegetables as the primary snack.	Kay Thompson, Head Cook	X			Fresh Fruits and vegetables are served to students when available for snack. Students are also offered fat free milk to go along with their snack.	Provide more opportunities to offer healthy snacks especially during class parties and during reward incentives. The district will disseminate a list of healthful snack items to teachers and parents.
2.						

Polices for Food and Beverage Marketing

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. Market activities that promote healthy behaviors.	Curt Busch, Elementary Principal	X			Water bottle filling station, posters, free bottle of water to students. Offering water where school meals are served during mealtimes.	Share information about nutritional content of meals with parents and students. Provide parents a list of foods and beverages that meet nutrition standards for classroom snacks and celebrations.
1. Promote healthy foods including fruits, vegetables, wheat grain, low fat dairy.	Kay Thompson, Head Cook		X		Have nutritional/milk posters hanging in lunch room.	Promote healthier fundraising opportunities.

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